

REHABILITATION OF THE BURNED HAND

INTERVENTION STRATEGIES Course 2024



Learn how to plan rehabilitation interventions for different types of hand burns, at different stages of the recovery process.

About this course

Due to their complexity, hand burns can sometimes be difficult to manage. Depending on their location, depth, and stage of healing, hand burns will require different types of intervention. This course will provide you with key knowledge and principles to choose the right interventions, as well as decide the appropriate frequency and intensity when developing an individualized rehabilitation strategy for each patient, and thus prevent or correct problems such as scar contractures and hand deformities.

****Sponsored course****

Date of course: February 19 to March 20, 2024

This course is for...

- Physiotherapists and Occupational Therapists.
- Priority will be given to therapists who are directly involved in burn rehabilitation (either pediatric or adult, inpatient and/or outpatient) and who preferably have at least 3 years of experience working in burns.

Course prerequisite:

Successful completion of the courses **Rehabilitation of the Burned Hand - Introduction and Basic Concepts** and **Rehabilitation of the Burned Hand - Evaluation of the Burned Hand**.

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Course characteristics

- Combination of theory and practice.
- Video lessons that you can watch at your own pace, as many times as you need.
- Mini quiz after each lesson to review key points.
- Practical exercise to apply what you learned.

Objectives

After this training, you will be able to:

- Explain the general clinical principles for the design of burned hand rehabilitation intervention strategies.
- Explain the characteristics of the different types of interventions (positioning, exercises, splinting, pressure therapy), and how they are applied to hand rehabilitation.
- Explain the priorities and types of appropriate interventions at the different stages of burn hand recovery, in the management of burns on the dorsal and palmar sides of the hand.
- Apply these principles in the selection of interventions and the development of an individualized rehabilitation strategy.

Course content

- General clinical principles
- Types and characteristics of rehabilitation interventions
- Rehabilitation interventions: Dorsal burns and palmar burns
- Demonstration of the design of the rehabilitation plan
- Exercise in designing the rehabilitation plan for a burned hand case
- Total duration of video lessons: approximately 2 hours.

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Evaluation and passing criteria

The following evaluations will be carried out during the training:

- Pre-test to evaluate the level of basic knowledge of the participants.
- Mini quiz after each lesson to review key points of the lesson.
- Post-test to evaluate the improvement of the participants' knowledge.
- Practical exercise.

Approval criteria:

- Completion of all course elements within the allotted time period.
- Post-test score of 80% and more.
- Completion of the practical exercise.

You will need to complete all learning activities by the course end date, after that date you will no longer have access to the course content and the learning record will be marked as "incomplete".

Upon successful completion of the course, you will receive a certificate of completion.

Registration

Online registration will be available from January 2 to January 19, 2024.

www.sunshinetraining.org



training@sunshine.org.tw

